

# *Coleslaw*

**Yield:** 8 - 10

**Prep time:** 30 minutes

**Total time:** 30 minutes

## *Ingredients:*

½ Head Cabbage  
2 Carrots, shredded  
1 Gala Apple peeled,  
cored and shredded

1 c Mayonnaise  
2 T. Honey  
1 t. Rice Wine Vinegar

## *Directions:*

Shred the vegetables and apple, I use a food processor, if you prefer you can buy pre-bagged Cole slaw mix, just add your grated apple. Mix your mayo, vinegar and honey, add to slaw. It will look a little dry, but as it cools in the refrigerator the apple will release its sweet juices.

Variation: add pineapple tidbits with slivered almonds for a fun touch.