

# ***Veggie Medleys***

**Prep time:** 20 minutes

**Total time:** 15 - 20 minutes

## ***Ingredients:***

### **Option 1**

2 T. Butter  
2 C frozen corn  
1 Carrot, sliced  
½ C Spring Peas  
Salt & Pepper to taste  
Garlic powder, optional

### **Option 2**

2 T. Butter  
1 C Mushrooms, sliced  
1 Bunch Asparagus  
½ C Cherry Tomatoes  
Salt & Pepper to taste  
Garlic powder, optional

## ***Directions:***

### **Option 1**

In med skillet melt butter, add corn and carrots cook 3-4 minutes until carrots are almost done, add peas and season to taste, cook 1-2 minutes more until peas are tender

### **Option 2**

In med skillet melt butter, add asparagus, cook 4-5 minutes until almost done, add tomatoes, mushrooms and season to taste, remove from fire and cover 2-3 minutes to heat tomatoes and allow mushrooms to soften.