

Prep time: 20 minutes Total time: 40 – 45 minutes

## **Ingredients:**

T Oil
Clove garlic crushed
C Onion, chopped
C Rice
C Canned diced tomato, drained

8 oz. Tomato sauce 1 C Water 1 t. oregano Salt & Pepper to taste

## **Directions:**

In med skillet heat oil, add onions rice and garlic, cook until rice is lightly brown and onion is softened. Add remaining ingredients, bring to a boil, reduce heat to simmer 20 to 25 minutes covered. Fluff rice with fork prior to serving.

Variation: Add 1 lb. hamburger and 1 C corn with the first 4 ingredients, this is a great one dish meal.